

## MIXED FRUIT BAR +

## Meal Replacement for Weight Control.

## Ingredients:

Soy crisps (isolated soy protein, tapioca starch), rice syrup, fructooligosaccharides, soy granules, roasted peanut pieces, isolated soy protein, flaxseed, sweetened mango pieces (3.8%) (mango, sugar), sunflower oil, sweetened cranberries pieces (3.3%) (cranberries, sugar), goji berries, raisins, dates pieces, acerola cherry powder, pomegranate powder, pumpkin powder, strawberry pieces (0.2%), amaranth, millet, quinoa, broccoli sprout, alfalfa sprout, radish sprout, pea protein, honey, vitamin A, vitamin D, vitamin E, niacin, thiamin, riboflavin, vitamin B<sub>6</sub>, vitamin B<sub>12</sub>, folic acid, biotin, pantothenic acid, vitamin K, potassium, calcium, iron, zinc, iodine, copper, magnesium, manganese, selenium, flavourings, acid (citric acid), vitamin C.

16.5% fruit

May contain traces of nuts and sesame seeds.

The Mixed Fruit Bar is gluten-free.

Made in the Netherlands for:

The Juice Plus+ Company Europe GmbH CH-4052 Basel, Switzerland The Juice Plus+ Company GmbH D-79576 Weil a. Rhein, Germany

 $1650\,g_{30\,bars\,x\,55g}e$ 

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Nutrition information	Per 100 g	Per bar	%RIa
Energy	1532 kJ	842kJ	
	365 kcal	201kcal	
Fat	12 g	6.5g	
of which saturates	1.7 g	0.9 g	
Carbohydrate of which sugars	30 g 19 g	16 g 10 g	
Fibre	15 g	8.0 g	
Protein	27 g	15 g	
Salt	0.85g	0.47g	
Vitamin A	501µg	275 µg	34
Vitamin D	2.7µg	1.5 µg	30
Vitamin E	7.5 mg	4.1mg	34
Vitamin K	46µg	25 µg	33
Vitamin C	55mg	30 mg	38
Thiamine	0.78 mg	0.43mg	39
Riboflavin	1.1mg	0.62 mg	44
Niacin	12 mg	6.8mg	43
Vitamin B <sub>6</sub>	1.1mg	0.60 mg	43
Folic acid	164µg	90 µg	45
Vitamin B <sub>12</sub>	1.7µg	0.91µg	36
Biotin	31µg	17 µg	34
Pantothenic acid	4.5 mg	2.5 mg	42
Potassium	996 mg	548 mg	27
Calcium	484 mg	266 mg	33
Phosphorus	681mg	374 mg	53
Magnesium	232 mg	128 mg	34
Iron	8.9 mg	4.9 mg	35
Zinc	5.8 mg	3.2mg	32
Copper	0.60 mg	0.33 mg	33
Manganese	1.2 mg	0.65mg	33
Selenium	33µg	18 µg	33
lodine	91.0µg	50.0µg	33

a RI = Reference Intake